



Help us to  
**stop  
adult  
abuse**

A guide to safeguarding  
adults in Islington



# Help us to **stop adult abuse**

## **What is adult abuse?**

Adult abuse is when someone hurts an adult at risk.

There are many different types of abuse; some examples are:

- **physical**
- **neglect**
- **sexual**
- **discriminatory**
- **emotional/psychological**
- **organisational**
- **financial/material**
- **domestic abuse**
- **modern slavery**
- **self neglect**

Lots of different people may abuse adults at risk; some examples are:

- **friends and family**
- **professionals and volunteers**

- **strangers who 'groom' vulnerable adults for abuse**

Sometimes people are not actually aware they are abusing someone.

## **Who are adults at risk?**

Adults at risk are people who need more help than others to stay safe.

They are people who might need help to live a normal life. They are people:

- **with disabilities**
- **with mental health problems**
- **who are ill for a long time**
- **who are old**



## What are the signs of abuse?

There are many signs of abuse. For example, when the person:

- **looks dirty or is not dressed properly**
- **has an injury that is difficult to explain**
- **seems frightened around certain people**
- **seems unusually down or withdrawn**
- **finds money is missing**

Even if you're not sure whether these signs mean abuse, you should still report them to us.

## What should I do?

If you are worried about an adult at risk in Islington please contact us. You can report your concern anonymously but please give as much information as possible so that we can follow it up.

### **Adult Social Services Access Team**

**Telephone: 020 7527 2299**

**Email:** [access.service@islington.gov.uk](mailto:access.service@islington.gov.uk)

**Fax:** 020 7527 5114

You can also contact the **Community Safety Unit** which is part of the police:

**Telephone:** 020 7421 0174

For more information see:  
[www.islington.gov.uk/safeguardingadults](http://www.islington.gov.uk/safeguardingadults)

## What happens next?

We will look into your concern and, where necessary, work with the adult at risk to put a plan in place that helps to keep them safe.

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**If you would like this document in large print or Braille, audiotape or in another language, please contact 020 7527 2000.**

**Bengali**

যদি আপনি এই তথ্য গুলো আপনার নিজ ভাষায় পেতে চান, তাহলে দয়া করে 020 7527 2000 নম্বরে যোগাযোগ করুন।

**Chinese (Traditional)**

如果你想要這資料的中文本, 請致電 020 7527 2000 聯繫。

**Somali**

Haddii aad jeclaan lahayd macluumaadkan oo ku qoran luqadaada fadlan la xidhiidh 020 7527 2000

**Turkish**

Buradaki bilgilerin Türkçesini istiyorsanız, lütfen 020 7527 2000 numaraya telefon edin.

**Contact Islington**

222 Upper Street, London N1 1XR

**E** [contact@islington.gov.uk](mailto:contact@islington.gov.uk) **T** 020 7527 2000 **F** 020 7527 5001

**Minicom** 020 7527 1900 **W** [www.islington.gov.uk](http://www.islington.gov.uk)



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