

Community Conversations about Drugs and Alcohol: Awareness Training Sessions

Islington is fortunate to have a thriving voluntary and community sector, embedded within every neighbourhood, playing an essential role supporting residents and communities. Often the first point of contact when a resident requires support. However, similar to many boroughs, illegal drugs and concerning levels of alcohol usage affects every community.

Better Lives, the new integrated drug and alcohol recovery service has a new approach to supporting our communities, focusing on reducing stigma normally associated to drug and alcohol usage, increasing availability and accessibility to support services, and importantly, improving understanding, knowledge and awareness so that communities are better placed to offer support that prevents and reduces misuse. There is also a focus on supporting families affected by a loved ones' alcohol and drug misuse.

With a vibrant voluntary and community sector in the heart of every community, organisations could play a vital role in utilizing their trusted and positive links by raising awareness of the support available to residents and communities effected by high levels of alcohol and drug use.

- **Would your organisation like to increase its awareness about the effects of drugs and alcohol usage?** Yes No
- **Would your organisation like to develop a better understanding of the impact of drug and alcohol use on families** Yes No
- **Would your organisation like to develop approaches to non-judgmental conversations about drugs and alcohol?** Yes No
- **Would your organisation like to learn about the range of support services available to residents and how to refer/self-refer?** Yes No

Better Lives is committed to working in partnership with voluntary and community sector organisations. If you have answered 'Yes' to any of these questions, please book a place on one of our interactive half-day awareness raising workshops by emailing cim-tr.betterlives@nhs.net. Due the anticipated level of interest in these workshops please only book a place if you know will be able to attend.

- **Monday 10 June 2019 – Islington Town Hall, Upper Street, London (10:00am – 12:30pm)**
- **Monday 24 June 2019 – Islington Town Hall, Upper Street, London (10:00am – 12:30pm)**