# St Joseph's Hospice in Islington Bereavement Service



### Call for Volunteers

#### Could you help bereaved people?

The Islington Bereavement Service needs volunteers to befriend bereaved people. You don't need any previous experience, just good communication and listening skills, empathy and flexibility.

#### Help others by:

- offering companionship and a listening ear
- providing emotional support
- accompanying people to medical appointments, the library, or on a local outing

#### • directing people to important services.

#### What commitment do you need to give?

- You must be able to offer 5 6 hours of your time per month
- You need to attend induction training
- We ask for a minimum commitment of 6 months.

#### What do you get in return

- New skills and experience
- Supervision and support
- A reference after 3 months
- Travel expenses paid.
- For more information call 0203 317 5774 or email islingtonbereavement@stjh.org.uk

#### To make a referral please call the First Contact Team on: 0300 303 0400.

St Joseph's Hospice, Mare Street, Hackney, London E8 4SA T: 020 8525 6000 E: info@stjh.org.uk www.stjh.org.uk



Central and North West London NHS Foundation Trust

Founded in 1905 under the care of the Religious Sisters of Charity. Charity No. 1113125

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### Bereavement support for adults

The Islington Bereavement Service offers support for adults living in Islington and/or registered with a GP in Islington. The service is for people who have experienced the death of a family member, relative or another important person in their life. Run by St Joseph's Hospice and a team of trained volunteers, this service can offer practical, social and emotional bereavement support.

#### Our volunteers are able to provide:

- companionship and a listening ear
- emotional support
- company to go to medical appointments, the library, or on a local outing
- help in finding important support services.

#### What training do volunteers receive?

All volunteers are fully trained and vetted. They can provide confidential support on a one-to-one basis or within a group setting. They are not counsellors but have been trained in listening skills.

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