

One-Day Volunteering Opportunities in Volunteers' Week

- The RNIB:** **Speed Dating Event Assistants**
Monday 3rd June Four hour shift (Brick Lane)
Helping to match up people with visual impairments with support volunteers.
- ABD Club:** **Kiddy Craft Club Supporters**
Thursday 6th June 3pm - 5pm (Holloway N7)
Helping to market and promote the children's craft project to the local area.
- Vision Housing** **Street Collection Volunteers**
June 2013 Flexible hours and days (Westminster)
Helping to collect donations from the public using collection tins & buckets etc.
- Angel Shed Theatre:** **Street Marketing Assistants**
June 2013 Flexible hours and days (Canonbury N1)
To help promote their youth theatre by handing out info leaflets to the public.
- Handicap International UK:** **Admin and Mailing Assistants**
June 2013 Flexible hours and days (London Bridge)
To help promote their work by assisting with mail-outs and envelope stuffing etc.
- University College Hospital:** **Social Activity Volunteers**
June 2013 Flexible hours and days (Mornington Crescent)
To come in and take part in games and activities with elderly residents.
- Action on Hearing Loss:** **Garden Clean-up Volunteers**
June 2013 One day's volunteering, day tbc (Kilburn)
To help clean up an overgrown garden for a care centre for this charity.
- Uganda Community Relief Assoc:** **Office Painting Volunteers**
June 2013 Several hours, flexible as to what day (N17)
Helping to paint and refurbish their offices in Tottenham.
- CHOICE in Hackney:** **Garden Clearance Helper**
June 2013 Several hours, flexible as to what day (Hackney)
To help a disabled person by clearing up their overgrown garden in Hackney.
- London Youth Games:** **Sports Assistants**
1st to 7th June Six hour shift (Various locations in London)
To help out as a marshal, organiser, events assistant at the London Youth Games.

One-day volunteering means: a fun day out, a good social activity, something on your CV and a certificate to show you have assisted a charitable organisation. To book a place for yourself (or for any of your friends too) at any of the events, email Paul.stephenson@vai.org.uk Tel: 0207 832 5804